| iv!! <br> MEALS on WHEELS LAPORTE COUNTY | 301 E 8th St Suite 110 <br> Michigan City, IN 46360 <br> PHONE: 219-872-9117 <br> FAX: 219-872-9118 | July 2024 <br> Traditional Menu | Name: <br> Address: |  |
| :---: | :---: | :---: | :---: | :---: |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| $\underline{1}$ | $\underline{2}$ | $\underline{3}$ | 4 | 5 |
| A: Chicken Piccata <br> B: Pork Chop with Honey Glaze <br> Couscous <br> California Blend Vegetables <br> Pineapple Chunks <br> Dinner Roll | A: Pepper Steak <br> B: Lemon Butter Pollock <br> Brown Rice <br> Yellow Wax Beans <br> Creamy Corn Salad <br> Dinner Roll | A: Chicken Chasseur <br> B: Swiss Steak w/ Onion Gravy <br> Roasted Rosemary Potatoes <br> Peas \& Carrots <br> Fresh Orange <br> Dinner Roll | Happy 4th of July! <br> Closed. No deliveries. | Closed. <br> No deliveries. |
| 8 | $\underline{9}$ | 10 | 11 | 12 |
| A: Chicken \& Noodles <br> B: Swedish Meatballs <br> Egg Noodles <br> Whole Baby Carrots <br> Blushing Pears <br> Dinner Roll | A: Beef Fritter <br> B: Turkey Pot Roast <br> Mashed Potatoes <br> Scandinavian Blend Vegetables <br> Cheesy Pea Salad <br> Dinner Roll | A: Pork Burger w/ Onion Jam B: Whitefish Burger Macaroni \& Cheese Capri Blend Vegetables Blueberry Muffin Hamburger Bun | A: Turkey Marsala <br> B: Pork w/ Apple Cranberry Chutney <br> Creamy Parmesan Polenta <br> Italian Green Beans <br> Diced Peaches <br> Dinner Roll | A: Breaded Chicken Breast <br> B: Crab Cake <br> Roasted Red Potatoes <br> Sugar Snap Peas <br> Fresh Orange <br> Hamburger Bun |
| 15 | 16 | 17 | 18 | 19 |
| A: Lasagna <br> B: Chicken Pot Pie <br> Italian Blend Vegetables <br> Apple <br> Dinner Roll | ```A: Pork Roast w/ Peach Salsa B: Cajun Catfish Cheesy Grits Mixed Vegetables Tossed Salad Dinner Roll``` | A: Beef Stir Fry <br> B: Sweet \& Sour Chicken <br> White Rice <br> Vegetable Egg Roll <br> Asian Sesame Salad | A: BBQ Pulled Pork <br> B: Turkey Burger Patty <br> Sweet Potato Cubes <br> Succotash Blend Vegetables <br> Chocolate Pudding <br> Hamburger Bun | A: Broccoli Stuffed Chicken <br> B: Panko Crusted Tilapia <br> Quinoa Pilaf <br> Peas <br> Fruit Salad <br> Cornbread |
| 22 | 23 | 24 | $\underline{25}$ | $\underline{26}$ |
| A: Italian Chicken Sausage <br> B: Bratwurst <br> Sweet Potato Casserole California Blend Vegetables Fresh Orange Hot Dog Bun | A: Stuffed Green Pepper <br> B: Apricot Chicken <br> Roasted Red Potatoes French Cut Green Beans <br> Apple Crisp <br> Dinner Roll | A: Herb Pork Chop <br> B: Creamy Lemon Chicken <br> Egg Noodles <br> Cauliflower <br> Greek Style Garbanzo Salad Dinner Roll | A: Beef Pot Roast <br> B: Turkey Meatballs <br> w/ Tomato Sauce \& Mushrooms <br> Mashed Potatoes <br> Scandinavian Blend Vegetables <br> Spinach Salad <br> Dinner Roll | A: Herb Chicken Thigh <br> B: Citrus Salmon <br> Rice Pilaf <br> Corn \& Edamame Medley <br> Pear Waldorf Salad <br> Dinner Roll |
| 29 | 30 | 31 |  |  |
| A: Pork Cutlet w/ Onion Gravy <br> B: Chicken Spinach Artichoke <br> Parsley Potatoes <br> Peas \& Carrots <br> Pound Cake <br> Dinner Roll | A: Beef Macaroni Casserole <br> B: Turkey Casserole <br> Mixed Vegetables <br> Fresh Pear <br> Dinner Roll | A: Chicken Kiev <br> B: Salisbury Steak <br> Mashed Potatoes <br> Normandy Blend Vegetables <br> Tossed Salad <br> Dinner Roll | All meals come with milk or juice and a butter cup. Entrée subject to change based on client diet. CANCELLATIONS CALL 219-872-9117 before 10 am the day before. |  |

